

About Leigh

Leigh's interest in life coaching grew out of her desire to help others. She is currently working on her Master's in Life Coaching through Light University. She is a Board Certified Life Coach.

Leigh is extremely creative. She is a vocalist and writer. She also loves to try her hand at various crafts. She is always exploring, pushing herself and learning new things.

In addition to private life coaching sessions, she also offers workshops and seminars. She is also a motivational speaker, vocalist, writer, genealogist and web designer.

Why Life Coaching?

Change yourself, change your life

Take baby steps to make changes towards the life you always dreamed of

You have to be willing to put the effort and work in to make the changes you desire

Work through major issues or towards having the life you always dreamed of living

Affordable options

Move towards the future, not the past



TRINITY LIFE COACHING

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TRINITY LIFE COACHING

Creativity Life Coach

Unleash Your Hidden Passions

Unleash Your Inner Creativity

864-551-3509

What is Creativity Life Coaching?

Find answers to your questions

Work through your frustrations

Discover a new hobby

Transition from amateur to professional

Support your child or loved one in their pursuits

Overcome roadblocks

Set goals

Explore new pursuits and portals

Try new things

Creative Facts:

We are all creative in some way

God wants us to be creative

Creativity releases stress

Your options are endless

Too many people put off trying something new and regret it later, because they never got around to it

Workshops and Seminars

Releasing Your Inner Creativity!

I Want to be an Artist

Your Inner Creative Self

Encouraging Your Child's Creativity

Creative Praying

Private Coaching Sessions are Available

Affordable at \$125/month

3 Month minimum

Follow up options available after three months

Other Specialties:

Caregiving

Transition

Health and Wellness

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